Parent/Child Programs

Most classes held at: NKCC North Kirkland Community Center 12421 103rd Ave NE ★ 425.587.3350

Parent/Child Class Requirements

- Children must be able to follow directions and participate in small group settings with a parent present.
- ★ Please take your child to the bathroom before class.
- ★ No siblings other than infants in carriers; registered participants only.
- ★ Refer to class description for "no class" dates
- ★ Please be on time!
- ★ Individual classes that are canceled due to instructor illness or emergencies will be made up the week following the end date of class, where the schedule allows. If the schedule does not allow for a make-up class, a credit will be issued.
- ★ The refund policy is on page 13.



Wiggle Clap and Sing for Babies

Ages 1 to 15 months with parent

Play musically with your baby through bouncing and rocking songs, wiggle and peek-a-boo games, and dancing, moving, and singing! The foundation is laid for rhythm awareness, voice and language, and aural discrimination.

Popular instructor Kate Fynn is an accomplished vocalist. See www.wiggleclapandsing.blogspot.com • Location: NKCC

Spring 5 weeks • Resident \$36 / Non-Resident \$43

Sat 9:30–10:15am Apr 18–May 16 45300

Spring 4 weeks • Resident \$29 / Non-Resident \$35

Sat 9:30–10:15am June 6–27 45301

Summer 5 weeks • Resident \$36 / Non-Resident \$43

Sat 9:30–10:15am July 11–Aug 8 45302



Wiggle Clap and Sing for Toddlers

Ages 15 months to 2 years with parent

An introduction to musical components such as rhythm, melody, and a variety of instruments. Express yourselves through music and body movement. This class is great for developing pre-math, pre-literacy, and social skills in every child!

See www.wiggleclapandsing.blogspot.com Instructor: Miss Kate • Location: NKCC

Spring 5 weeks • Resident \$36 / Non-Resident \$43

Sat 10:25–11:10am Apr 18–May 16 45304

Spring 4 weeks • Resident \$29 / Non-Resident \$35

Sat 10:25–11:10am June 6–27 45305

Summer 5 weeks • Resident \$36 / Non-Resident \$43

at 10:25–11:10am July 11–Aug 8 45306

Wiggle Clap and Sing for Everyone

Ages 1 month to 5 years with parent

Make sense of the world through rhythm and melody while becoming more familiar with instruments and songs. Your preschooler will gain social skills such as self control and listening, as well as pre-literacy skills. We will also have fun with music and body movement.

See www.wiggleclapandsing.blogspot.com Instructor: Miss Kate • Location: NKCC

Spring 5 weeks • Resident \$36 / Non-Resident \$43

Sat 11:20am–12:05pm Apr 18–May 16 45308

Spring 4 weeks • Resident \$29 / Non-Resident \$35

Sat 11:20am—12:05pm June 6—27 45309

Summer 5 weeks • Resident \$36 / Non-Resident \$43

5at 11:20am—12:05pm July 11—Aug 8 45310

Move and Grow

Instructor Jessica Gleason has an extremely creative and joyful approach to teaching! She uses "Tummy Time," coordinated movement, and Brain Dance rhymes to integrate the mind and body, while reinforcing the importance of movement in early life!

Move and Grow for Babies

Ages 2 months to pre-walking w/ adult

Enrich your child's first year of life. Learn fun activities for enjoying tummy time and make playful social/emotional connections. Build optimal brain development using nursery rhymes, instruments, multi-sensory props while moving to a wide variety of music!

Location: NKCC

Spring 8 weeks • Resident \$88 / Non-Resident \$106

ue 11:30am–12:30pm Apr 14-June 2 45312

Summer 4 weeks • Resident \$44 / Non-Resident \$53

ie 11:30am–12:30pm July 7–28 45313



Move and Grow for Toddlers

Ages walking to 30 months with adult

Dance with your child while exploring movement activities and practicing skills. A wide variety of music, props, rhythm instruments, BrainDance rhymes and an obstacle course add to the playful environment and learning.

Location: NKCC

Spring 8 weeks • Resident \$88 / Non-Resident \$106

Tue	9:30-10:30am	Apr 14–June 2	45314
Tue	10:30-11:30am	Apr 14–June 2	45315

Summer 4 weeks • Resident \$44 / Non-Resident \$53

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Tue	9:30-10:30am	July 7-28	45316
Tue	10:30-11:30am	July 7–28	45317

Baby Boogie Woogie

Ages 12 months to 36 months w/ parent

In this musical class we will sing all the old favorites, make our own music with an assortment of fun instruments, and march to our own drummer! Teacher Karen Renfroe-Gielgens has over 20 years experience teaching programs to our preschoolers.

Please take note of our age groups; you are able to attend this class with your younger and older ones together Instructor: Karen Renfroe-Gielgens • Location: NKCC 4 weeks • No class 5/25 • Resident \$29 / Non-Resident \$35

12 to 18 months

Mon	9:15-10am	Apr 13–May 4	45320
Mon	9:15-10am	May 11–June 8	45321
Mon	9:15-10am	June 15–July 6	45326
Mon	9:15-10am	July 13—Aug 3	45327

12 to 36 months

Mon	10:10-10:55am	Apr 13-May 4	45322
Mon	11:05-11:50am	Apr 13-May 4	45324
Mon	10:10-10:55am	May 11–June 8	45323
Mon	11:05-11:50am	May 11–June 8	45325
Mon	10:10-10:55am	June 15–July 6	45328
Mon	11:05-11:50am	June 15–July 6	45330
Mon	10:10-10:55am	July 13—Aug 3	45329
Mon	11:05-11:50am	July 13—Aug 3	45331



Gardening

Parent/Child How Does Your **Garden Grow**

Ages 2 to 5 years with parent

Join this class for a fun hands-on exploration of how seeds grow, the work of bugs, the beauty of nature, and much more. Classes may include planting, outdoor exploration, and crafts. Dress warmly; this class will be conducted in the covered shelter area of our beautiful McAuliffe Park.

Location: McAuliffe Park, 10824 NE 116th St, Kirkland (To enter the park, head north on 108th Ave NE from NE 116th St, then turn into the first driveway on the right) • Instructor: Miss Susie • 4 weeks • Supply fee of \$8 payable to the instructor on the 1st day of class Resident \$29 / Non-Resident \$35

Wed	10-10:45am	May 20-June 10	45359
Wed	11–11:45am	May 20-June 10	45360

Parent/Child Art

Ages 21/2 to 31/2 years with parent

Monthly themed classes are a fun and affordable way for parents and children to explore the world of art. We'll provide all the tools like glue, glitter, paint, and dough to inspire your little ones to create their masterpieces. Dress to get messy in our indestructible Art Room!

Peep and Hop in April

Ages 21/2 to 31/2 years with parent

Spring has sprung and with it brings rainbow eggs and fluffy things. From yellow chicks and lop-eared bunnies to colorful nests made from the Sunday's funnies. You'll have a hopping good time in this parent/child art class!

Location: NKCC • 3 weeks • Resident \$24 / Non-Resident \$29

Mon	9:30-10:15am	Apr 13–27	45347
Thur	10:30-11:15am	Apr 16-30	45348

Moonbeams in a Jar for May

Ages 21/2 to 31/2 years with parent

From twinkling stars to moons of clay, we'll travel along the Milky Way. And while we're creating art in space, we won't forget our momma's face. We'll take her swinging on a star, and bring her moonbeams home in a jar. It's such a sweet and messy way to celebrate her special day.

Location: NKCC • 3 weeks • Resident \$24 / Non-Resident \$29

Mon	9:30-10:15am	May 4-18	45349
Thur	10:30-11:15am	May 7–21	45350

Art Alphabet for June

Ages 21/2 to 31/2 years with parent

Chicka Chicka Boom Boom the book that you know; inspired this class so you'll learn and you'll grow.

Remember the letters and the coconut tree? Well we'll make them from scratch, it's creative you'll see.

The letters will pop, they'll create quite a stir; they'll be crafted from paint, and dough, and fur.

Then listen to a story starring your letter, and by the end of your class you'll know the alphabet better!

Location: NKCC • 3 weeks • Resident \$24 / Non-Resident \$29

Mon	9:30-10:15am	June 1–15	45351
Thur	10:30-11:15am	June 4-18	45352



Messy Art for Twos with Parent

2 year olds only with parent

Tickle your two year old's senses and play messy by smearing paint and kneading dough. Sensory and tactile play helps to develop self-expression and creativity while rewarding children with the emotional pleasures of "hands-on" art.

Dress for a mess! • Instructors: Miss Monique & Miss Pam Location: NKCC

3 weeks • Resident \$24 / Non-Resident \$29

Mon	10:30-11:15am	Apr 13–27	45332
Wed	9:30-10:15am	Apr 15–29	45333
Thur	9:30-10:15am	Apr 16-30	45334
Mon	10:30-11:15am	May 4–18	45335
Wed	9:30-10:15am	May 6–20	45336
Thur	9:30-10:15am	May 7–21	45337
Wed	9:30-10:15am	May 27–June 10	45339
Mon	10:30-11:15am	June 1–15	45338
Thur	9:30-10:15am	June 4–18	45340

Summer Preschool Camps beginning on Page 6

Parent / Child



Parent/Child Kids In Motion

Up and over, under and through, balls and streamers, tunnels and YOU!

Meet friends, build confidence and have FUN developing large muscle motor skills. This program progresses with your children... they'll be crawling, climbing, balancing, and bouncing their way through each class! Location: NKCC

Parent/Child Motion I

Ages 18 to 26 months

Child must be walking!

5 weeks • Resident \$35 / Non-Resident \$42

Wed	9:15-10am	Apr 22–May 20	45414
Thur	9:50-10:35am	Apr 23-May 21	45415

4 weeks • Resident \$28 / Non-Resident \$34

Wed	9:15-10am	May 27—June 17	45416
Thur	9:50-10:35am	May 28–June 18	45417

Parent/Child Motion II

Ages 24 to 36 months

5 weeks • Resident \$35 / Non-Resident \$42

Wed	10:05–10:50am	Apr 22—May 20	45418		
Thur	10:45-11:30am	Apr 23-May 21	45419		
4 weeks • Resident \$28 / Non-Resident \$34					
Wed	10:05-10:50am	May 27-June 17	45420		
Thur	10:45-11:30am	May 28-June 18	45421		

Kids in Motion classes will have a summer break—see you again in the fall.

Parent/Child **Dance for Twos**

Twos in Tutus Creative Dance

Age 2 with parent

Don't wait until you're three to twirl in your tutu! Bring your mom in her sweats (it's OK), and twirl to the music in your own special way. And when you turn three, you'll be ready we bet, for Preschool Dance A and a pirouette! Leather soled ballet slippers required.

Location: NKCC • 6 weeks • No class 7/3 Resident \$30 / Non-Res. \$36

Fri	9:45-10:15am	Apr 17–May 22	45361
Fri	10:30-11am	Apr 17-May 22	45362
Fri	9:45-10:15am	May 29-July 10	45363
Fri	10:30-11am	May 29-July 10	45364
Fri	9:45-10:15am	July 17—Aug 21	45365
Fri	10:30-11am	July 17—Aug 21	45366

Language

Sign with Your Baby

Ages 6 months to 2 years (pre-verbal) with adult

Did you know babies as young as six months of age can communicate with you before they speak clear words? Visually Speaking offers Baby Signing classes to hearing families using American Sign Language. You will be amazed at what your baby is telling you!

Location: NKCC • 6 weeks • Resident \$99 / Non-Resident \$119 (NOTE: Fee for 2nd child in same family:

11am-12pm Apr 30-June 4

Resident \$60/ Non-Resident \$72)

See page 20 for Creating in the Kitchen with Karen, ages 3-5 ▶▶

Language: Polly-Glots

Polly-Glots was founded in 2007 by a mom with a dream of offering engaging and affordable language immersion classes for children. For more information visit www.pollyglottots.com

Spanish for Preschoolers

Ages 1 to 5 years with parent

This Spanish immersion class integrates play, music, movement, and art to engage children and connect the foreign sounds and words to everyday items and activities. Vocabulary is provided so parents can reinforce the language outside of class. Class ages may be combined to prevent class cancellations.

Location: NKCC • 10 weeks Resident \$168 / Non-Resident \$202

Ages 1 to 3 years

Wed 9:45-10:30am		Apr 15–June 17	45428
Ages 3 to	5 years		
Wed	10:45-11:30am	Apr 15–June 17	45429

French for ages 5 to 9 years, see page 27

Chinese for Preschoolers NEW!



Ages 1 to 5 years with parent

Lead by a native mandarin teacher, enjoy learning while singing, dancing, moving and engaging in fun art projects. The class is a full immersion class that allows you to capitalize on your child's prime time for language acquisition. It is great to see the children embrace the tonal language and its pronunciation. Class ages may be combined to prevent class cancellations.

Location: NKCC • 9 weeks • Resident \$151 / Non-Res. \$181

Ages 1 to 3 years

45318

Fri	9:30-10:15am	9:30–10:15am Apr 17–June 12 45432	
Ages 3 t	o 5 years		
Fri	10:30-11:15am	Apr 17–June 12	45433

Parent/Child Preschool **Cooking Series**

Ages 2 to 5 years with parent

Classes will be held in the cozy kitchen at our beautiful McAuliffe Park, 10824 NE 116th St, Kirkland (To enter the park, head north on 108th Ave NE from NE 116th St, then turn into the first driveway on the right) Instructor Miss Susie will open up your child's eyes and senses as you peel, pour, shred, shake, bake, mash and more!

Itty Bitty Breakfast Club

Ages 2 to 5 years with parent

Can you give a pig a pancake, or a moose a muffin? Well maybe, if you learn to cook! Everyone knows that breakfast is the most important meal of the day. Mommy—it will chase away the tired, restless, and irritable grumpies! Join us as we give a tot a teacher, instructions, a recipe, friends...

Location: McAuliffe Park • Supply fee of \$6 payable to instructor Miss Susie • 3 weeks Resident \$29 / Non-Resident \$35

Fri	9:30-10:30am	Apr 17–May 1	45353
Fri	10:45-11:45am	Apr 17—May 1	45354

Dips & Sticks

Ages 2 to 5 years with parent

What's more fun than a dip in the pool? A dip that you make, sometimes hot, sometimes cool. The dip will be ready when you measure, pour, and mix, then the secret is the goody that you've put on sticks. Dip your stick, take a bite, and smack your lips with delight!

Location: McAuliffe Park • Supply fee of \$6 payable to instructor Miss Susie • 3 weeks • No class 5/22 Resident \$29 / Non-Resident \$35

Fri	9:30-10:30am	May 8-29	45355
Fri	10:45-11:45am	May 8-29	45356

Teddy Bear Picnic Fare

Ages 2 to 5 years with parent

Spend a bright spring day prepping and preparing a picnic. We'll pack our wicker basket, red-checked tablecloth, and invite the ants. So bring your favorite stuffed friend, and come along with us as we picnic and share a story outside (weather permitting) in McAuliffe Park. Please note that this class is a little longer so that we can pack and picnic, even if it has to be inside!

Location: McAuliffe Park • Supply fee of \$6 payable to instructor Miss Susie • 3 weeks Resident \$32 / Non-Resident \$38

Fri	9:30-10:45am	June 5–19	45357
Fri	11am-12:15pm	June 5–19	45358

Indoor Playground

Drop-in Program with Parent

Indoor Playground ★ Ages 9 months-5 years

Tuesday, Wednesday, and Thursday

\$3.00 cash per child per visit or 10-visit \$25 Punch Card - cash or check only

The sun did not shine It was too wet to play So we sat In the house On that cold, cold wet day.

I sat there with Sally, We sat there we two And oh, how I wished We had something to do! —Dr. Seuss

Don't sit in the house—come out to play in our large multipurpose room where there's lots of room to run! There are "Little Tikes" and "Step2-type" pedal and push buggies, cars, roller coaster and coupes, pirate ship climber, climber with slide, toddler teeter totter, kitchen set, workbench, small riding toys, wagon, rockers, trike, octopus merry-go-round, and small toy cars and trucks. We also include busy boxes, and miscellaneous pull and baby toys for the youngest participants. Adults must supervise children at all times.





North Kirkland Community Center

12421 103rd Ave NE, 425.587.3350 * \$3 per visit

- Fee \$3.00 cash per visit, per child at the door
- Please bring exact change
- No 6 year olds, please!
- Sorry, no snacks or drinks allowed in the multipurpose room
- Convenient cost-saving Drop-In Punch Cards! \$25 for 10 visits. These make great gifts!

April 14-June 11, 2015

Ages 9 months-5 years

Tuesday and Thursday, 10am-lpm Wednesday, llam-lpm

(No indoor playground April 6–9)